

Sealy Street Medical Practice
Pre-Travel Patient Information sheet
(to be completed prior to your appointment with the Practice Nurse)

Name: _____ Date of Birth: _____
Country of Birth: . _____ Nationality: _____
Address: _____

Contact Phone: _____ Occupation: _____

YOUR HEALTH

1. Have you travelled to less developed countries before? (Please circle) Yes /No
Did you have any health problems while away? _____

2. Do you have or have you ever had any medical problems? Yes /No
(e.g.: asthma, chronic bronchitis, diabetes, stomach ulcer, splenectomy,
epilepsy, heart disease, depression, schizophrenia, anxiety attacks,
mental illness, weakness of immune system, HIV/AIDS, blood clots
If yes, please specify _____

3. Have you been in hospital in the last year? (Please circle) Yes /No

4. Have you had a blood transfusion? (Please circle) Yes /No

5. Have you ever had hepatitis? (Please circle) Yes /No

6. Are you taking any medication now (e.g. contraceptive pill, antibiotics)
or do you occasionally take medication (e.g. migraine tablets, ventolin,
vitamins)? Yes /No
If yes, please specify _____

7. Are you allergic to anything? e.g.: sulphur drugs, eggs, nuts, penicillin,
bee stings, iodine, neomycin, latex, bandaids? (Please circle) Yes /No
If yes, please specify _____

8. Women only: Are you pregnant or is it a possibility on your return? Yes /No

9. Please list any past vaccinations and date of administration:

BCG	Diphtheria/Tetanus	Typhoid
Hep A	Hep B	Meningitis.....
Influenza.....	MMR	Rabies.....
Polio	Yellow Fever.....	Typhoid
Other		

10. Do you have any particular health concerns regarding this trip? Yes /No
Please outline: _____

YOUR TRIP

11. Date leaving New Zealand _____ Date of return to New Zealand _____

12. Please list in order the countries you intend visiting and how long you plan to spend in each:

(i) _____ (.....days) (ii) _____ (.....days)

(iii) _____ (.....days) (iv) _____ (.....days)

Please list **towns/areas** within countries to be visited _____

13. What is the main purpose of your trip?

Holiday (...) Visiting family/friends (...) Business trip (...)

Other

14. Type of accommodation?

Camping (...) Budget (...) Air Conditioned Hotel (...) Private Home (...)

Other

15. Planned activities?

Trekking/Altitude (...) Scuba Diving (...) Cycling (...) Rafting/Boating (...)

Other